

## Social Psychology "Serve and Learn"

### "Serve and Learn Project Guidelines" *Community Service Learning*

The "Serve and Learn Project" is an opportunity to provide a service to a community organization and/or program that serves people within your local or neighboring community. It aims to give you hands on experience in how to contribute to your community, on/off campus.

Community Service Learning is an academic study linked to community service through structured reflection so that each reinforces the other. The community service may be direct service to people in need, community outreach and education, research or policy analysis. It is also considered a form of experiential education in which students apply knowledge, skills, critical thinking and good judgment to address genuine community needs (Minnesota Department of Education).

#### **Weekly Journal (20 pts. recorded in your green book)**

Your weekly reflection should include:

- What you contributed during your volunteer hour(s).
- What did you think about the clients before and after you volunteered for the agency.
- Describe the misconceptions of the population that you may have had before volunteering.

#### **Critical Reflection (35 pts. typed and submitted at the end of service) \*generally 2-3 pages**

Your critical reflection should include:

- Share a brief history of the organization and include a brochure or flyer of the organization/program.
- Describe the individuals and their roles that are part of the organization.
- Describe the service, who receives the services, and how it impacts those who receive the services.
- Describe the nature of the volunteer experience. Tell your story. What you learned from the experience. List skills used and learned from this project.

Reflection describes the process of deriving meaning and knowledge from experience and occurs before, during, and after a service-learning project. Reflection may include acknowledging and/or sharing of reactions, feelings, observations, and ideas about anything regarding the activity. Your evaluation will be based on how well you address the above elements.

#### **Project Contract and Record of Attendance (10 pts.)**

Make sure to **submit** your filled experience agreement **by the 3rd week** of classes. Maintain a record of attendance every day you volunteer. Sign in and out and obtain a signature from your supervisor verifying the hours.

#### *Volunteer Hours/15 hours required*

**You must complete 15 hours of community service learning (CSL) in order to achieve the full 100 points.**

#### **CHECK-IN POINTS**

**October 9**                      **turn in contracts**

**November 20**                **journal check-in** (I do this to see what they've been up to in their service to this date and if they are connecting with classroom material. If they aren't, I give feedback in the journals reminding them to connect with the materials we've covered. I also remind them in the feedback they **WILL NOT** get full credit IF it isn't connecting.)

**Field Experience Agreement  
Instructor/Student**

This agreement is between **LaQuisha Beckum**, Instructor, and \_\_\_\_\_, Psychology 8 Student.

*Description:* Field experience for Introduction to Social Psychology, with

\_\_\_\_\_, located at

\_\_\_\_\_  
(Organization's address/phone number)

My immediate supervisor is \_\_\_\_\_.

(Name and position)

This experience consists of volunteering in a community organization. This is your lab experience. Keep notes of your experience. The critical reflection at the end of the quarter allows students to use critical thinking about their experience working in a community organization and how organizations such as the one you will be volunteering support families and society.

*Student's Responsibility:*

- ✓ Select community organization.
- ✓ Attend all required hours, 15 hours for the quarter.
- ✓ Maintain a timesheet.
- ✓ Take notes.
- ✓ Discuss placement matters with instructor if necessary.

*Duration:* 2-3 hrs. per week beginning the 3<sup>rd</sup> week of school and ending no later than the 11<sup>th</sup> week of school.

Entered on this \_\_\_\_ day of the month of \_\_\_\_\_, 2012.

*Executed by:*

\_\_\_\_\_  
Student's name

**LaQuisha D. Beckum**

Instructor's name



**Psychology 8 / FALL 2012**  
**List of Community Organizations for "Serve & Learn Project"**

1. **Service Learning Volunteer Center**  
Institute of Community and Service Learning  
**Contact:** Cynthia Kaufman, East Cottage  
**Email:** KaufmanCynthia@DeAnza.edu  
**Phone:** 408-864-8739  
**Website:** <http://www.deanza.edu/vida/students.html>
  
2. EMQ Families First  
**Contact:** Peter Brown  
**Email:** [PBrown@emqff](mailto:PBrown@emqff)  
**Phone:** 408-730-4070  
**Website:** [www.emqff.org](http://www.emqff.org)
  
3. Native American AIDS Project  
**Contact:** Legs  
**Phone:** 415-431-6227  
**Email:** [legs@naap-ca.org](mailto:legs@naap-ca.org)
  
4. Organization of Special Needs Families (autistic or physically handicapped kids)  
**Contact:** Volunteer Person  
**Email:** [osf@osfamilies.org](mailto:osf@osfamilies.org)  
**Phone:** 408-996-0850  
**Web Site:** <http://www.osfamilies.org/volunteers.html>
  
5. Sacred Heart Community Services (kids, food, clothing, back office)  
1<sup>st</sup> Street, San Jose  
**Email:** [volunteers@SacredHeartCommunityService.org](mailto:volunteers@SacredHeartCommunityService.org)  
**Web Site:** <http://www.sacredheartcs.org/get-involved>
  
6. BUILD: Excel. Lead. Succeed. (Entrepreneurship while improving academic skills)  
2385 Bay Road  
Redwood City, CA 94063  
<http://www.build.org/page.aspx?pid=361>  
**Phone:** 650-688-5840
  
7. Network for a Hate Free Community (research & data collection)  
2310 N. First St., Suite 104  
San Jose, CA 95131  
**Contact:** Kate Jones  
**Phone:** 408-792-2304  
**Email:** [Kate.Jones@ohr.sccgov.org](mailto:Kate.Jones@ohr.sccgov.org)