

# Cell Communication

## Cellular Communication

1. Direct cell contact
2. Vesicle-mediated
3. Chemical messengers

### Cellular Communication by direct cell-cell contact

(a) Communicating cell junctions. Plasma membranes

(b) Cell-cell recognition.

Figure 11.3

### Cellular Communication via extracellular vesicles

Budding of microvesicles and/or exocytosis of exosomes transport mRNAs & miRNAs to recipient cells  
Modified from Graça Raposo, and Willem Stoorvogel J Cell Biol 2013;200:373-383 **JCB**

### Cellular Communication via chemical messengers

### Cellular Communication via chemical messengers

1. Release: initiator cell secretes (exocytosis) a chemical messenger (signal molecules).
2. Reception: messenger molecules bind to receptors (binding proteins) on target cells.
3. Transduction: binding of signal molecule to receptor causes a change in the structure and activity of the receptor protein.
4. Response: the altered receptor protein initiates a change in the enzymatic and/or transcriptional activity of the target cell.

Figure 11.5

### Cellular Communication — Chemical Messengers & Receptors

**One cell releases a molecule (messenger) that initiates a change in another cell by binding to a protein receptor on that target cell.**

1. Synapse: the messenger (neurotransmitter) diffuses across a small gap between a neuron and its target cell.
2. Paracrine: the messenger (local regulator, paracrine factor, growth factor, cytokine) diffuses to nearby target cells.
3. Endocrine: the messenger (hormone) diffuses into the bloodstream to travel to target cells all over the body.
4. Exocrine: the messenger (pheromone) diffuses outside of the organism's body to travel to another organism.

### Mechanisms of Messenger Action

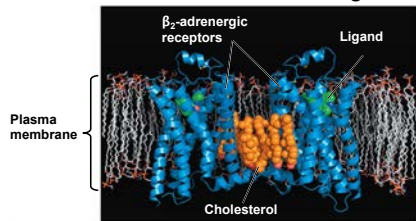
- Hydrophilic signal molecules — most amino acid class
  - Amino acids; bioamines; oligopeptides; proteins
  - Water soluble.
  - Short half-life: minutes
  - Do not enter target cells. Act as ligand by binding to protein receptor on cell surface.
- Lipophilic signal molecules — most fatty acid class
  - Steroids; prostaglandins
  - Water insoluble. Must be transported in plasma by carrier proteins.
  - Carrier proteins also protect hormone from degradation. Half-life longer: 1–2 hours.
  - Released from carrier protein to diffuse across cell membrane into target cells. Act by binding to intracellular protein receptors.

### Mechanisms of Hydrophilic Signal Molecule Action

- Hydrophilic signal molecules — most amino acid class
    - Water soluble.
    - Short half-life: minutes
    - Do not enter target cells. Act as ligand by binding to protein receptor on cell surface.
1. Since the signal molecule (first messenger) does not enter the cell, the receptor/ligand complex causes a **second messenger** to be produced or released within the cell.
  2. This second messenger acts as a coenzyme/cofactor to regulate cellular enzymes ⇒ change the activity of the cell.

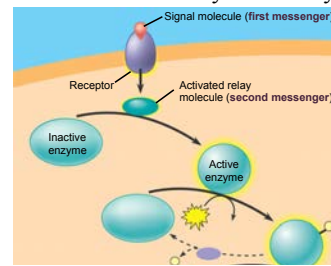
### Membrane Receptor Proteins

- The binding between a signal molecule (**ligand**) and receptor is highly specific
- A shape change in a receptor is often the initial transduction of the signal



### Signal transduction pathways via second messengers

Act as cofactors/coenzymes to modulate intracellular enzyme activity



### Common second messengers

Act as cofactors/coenzymes to modulate intracellular enzyme activity

1. Ca<sup>++</sup>
2. cAMP
3. IP<sub>3</sub>
4. DAG

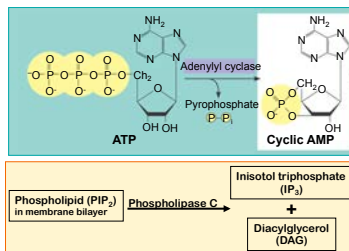
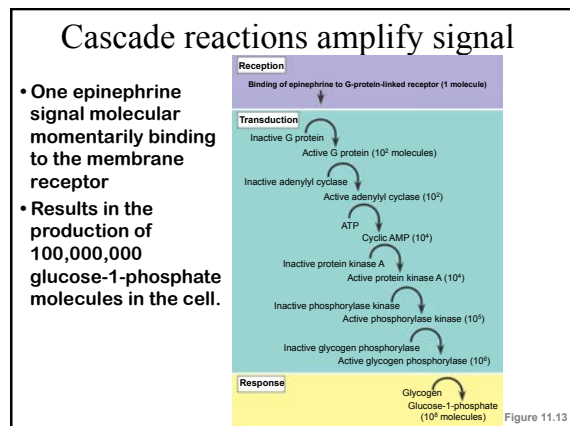
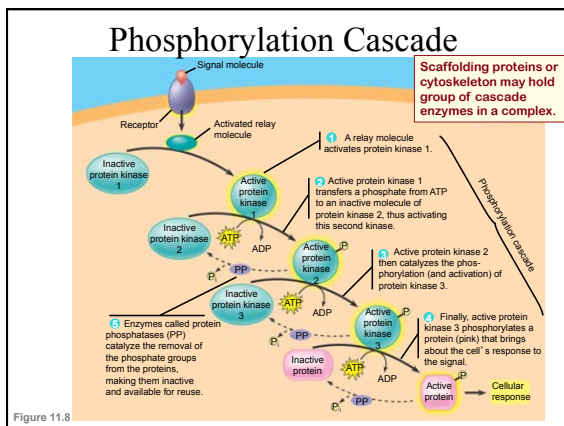
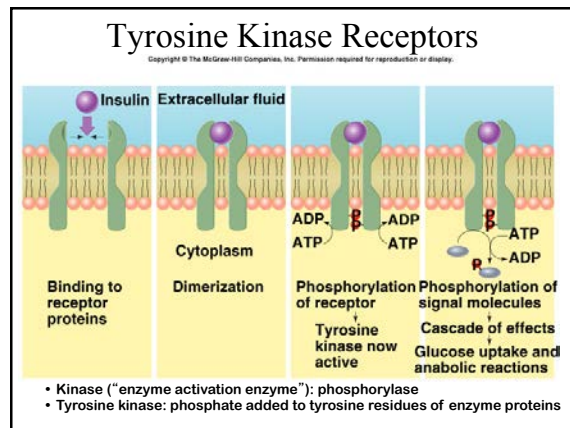
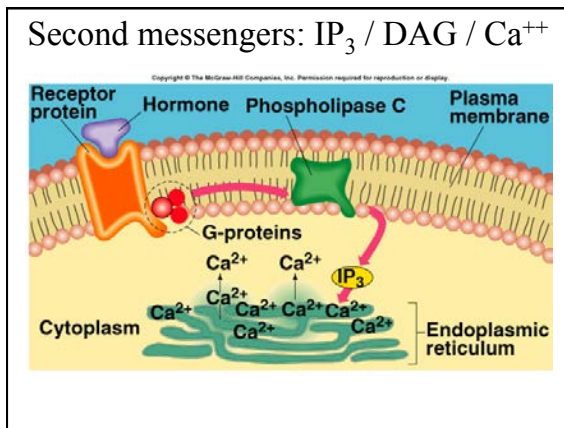
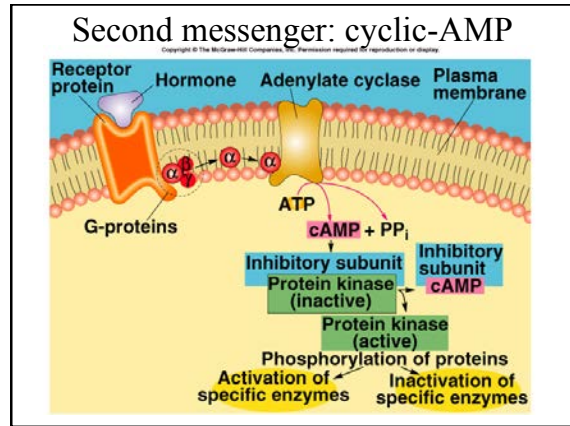
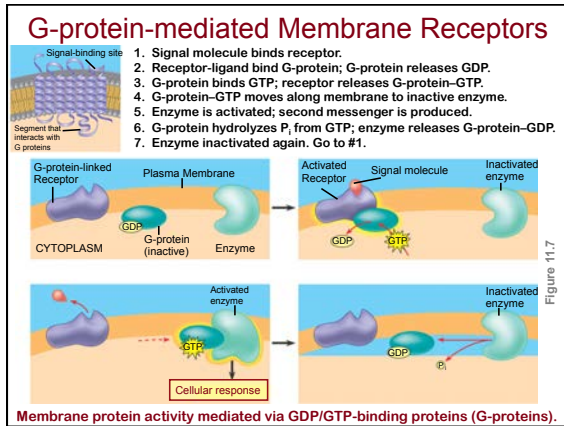


Figure 11.9

### Membrane Receptor Types

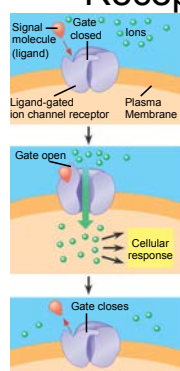
1. G-protein mediated
2. Tyrosine kinase
3. Receptor-ion channels

# Cell Communication



# Cell Communication

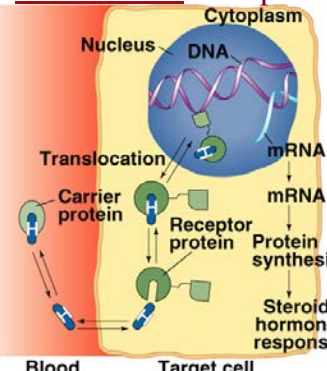
## Receptor-ion channels



- Chemically-mediated ion gates
- Signal molecule binds receptor; gated channel opens or closes
  - Direct: receptor is the gate.
  - Indirect: receptor opens/closes separate gate protein via G-proteins.
- Opening gates causes voltage change in cell.
  - Na<sup>+</sup> gate: depolarizes
  - K<sup>+</sup> or Cl<sup>-</sup> gate: hyperpolarizes

Figure 11.7

## Intracellular Receptors for Lipophilic Signal Molecules



- Steroid diffuses across membrane into cell
- Intracellular receptor/steroid complex binds to DNA
- Transcription factor — turns genes on/off
- Change nature of the cell (Longer-lasting effect)

Blood Target cell

## Mechanisms of Messenger Action

- Hydrophilic signal molecules — most amino acid class
  - Bind to membrane receptors on cell surface
  - Primary effect: turn enzymes on/off →  $\Delta$  activity of cell.
  - Secondary effect: enzymes may produce or activate transcription factors → turn genes on/off.

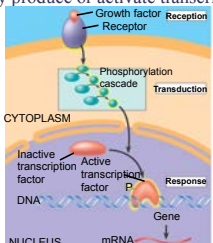


Figure 11.14

## Mechanisms of Messenger Action

- Hydrophilic signal molecules — most amino acid class
  - Bind to membrane receptors on cell surface
  - Primary effect: turn enzymes on/off →  $\Delta$  activity of cell.
  - Secondary effect: enzymes may produce or activate transcription factors → turn genes on/off.
- Lipophilic signal molecules — most fatty acid class
  - Bind to intracellular receptors in cytoplasm or nucleoplasm
  - Primary effect: turn genes on/off →  $\Delta$  nature of cell.
  - Secondary effect: gene expression may produce or activate enzymes → turn metabolic pathways on/off.

## Modulation of signal effect

- Priming (upregulation)
  - Signal binds → more receptors synthesized
  - more hormone can bind cell
- Desensitization (downregulation)
  - Prolonged exposure to high signal molecule levels can reduce receptor expression.
  - Downregulation may be avoided by pulsatile secretion of the messenger.
- Receptor-mediated endocytosis
  - Receptor-ligand complex internalized on vesicle to enhance duration of effect.

## Compound messenger effects

- Antagonistic:
  - Insulin stimulates lipogenesis; glucagon stimulates lipolysis.
- Synergistic:
  - Both glucagon and epinephrine receptors cause the production of cAMP second messenger in the same cell.
- Complementary:
  - FSH and testosterone stimulate different parts of spermatogenesis.
- Permissive:
  - Glucocorticoids stimulate the synthesis of enzymes that are regulated by epinephrine.

# Cell Communication

## Electrochemical communication

Rapid signaling to specific targets

### Neuron — cell extends axon to release signal molecule at local site

## Neurons & Specific Long-distance Communication

- Neurotransmitter molecules produced in vesicles by rER & Golgi in Cell Body
- Vesicles transported along cytoskeleton from Cell Body to Axon Termini
- Neurotransmitter secreted (exocytosis) from Termini into Synapse

### Synapse

How does receiving a signal on dendrites ...

- ... result *rapidly* in releasing signal molecules into synapse?

## Neuron Requirements

Function requires:

- 1. Membrane potential:**
  - Voltage (millivolts) across plasma membrane
- 2. Excitability:**
  - The ability to undergo rapid changes in membrane potential in response to stimuli
- 3. Conduction:**
  - Propagation of a series of excitations along the plasma membrane
- 4. Transmission:**
  - Release and reception of signal molecules (neurotransmitters)

## Membranes of cells are electrically polarized

- Ion concentration gradients → electrical gradient

	[K <sup>+</sup> ]	[Na <sup>+</sup> ]	[Cl <sup>-</sup> ]	
OUTSIDE CELL	5 mM	150 mM	120 mM	
INSIDE CELL	150 mM	15 mM	10 mM	[A <sup>-</sup> ] 100 mM

## Resting Membrane Potential

- At equilibrium, inside of the cell membrane would have a higher [negative charges] than the outside.
- Potential difference:
  - Magnitude of difference in charge on the 2 sides of the membrane..
- Depends upon 2 factors:
  - Ratio of the concentrations of each ion on the 2 sides of the plasma membrane.
  - Specific permeability of membrane to each different ion.
- Resting membrane potential of most cells ranges from -65 to -85 mV.

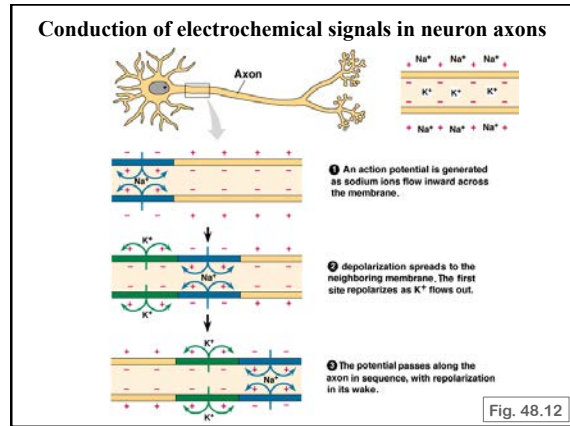
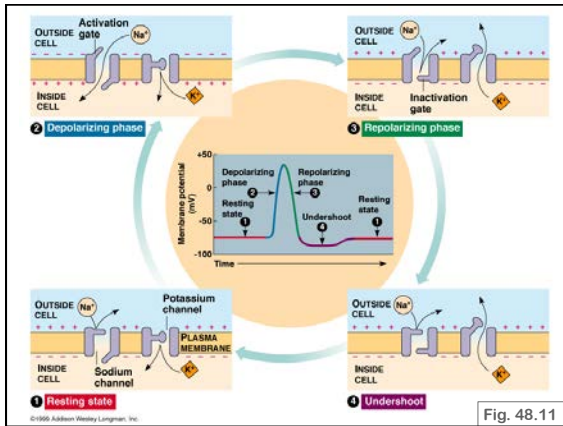
## Action Potential

by voltage-gated ion channels

- 1 Na<sup>+</sup> channels open
  - Na<sup>+</sup> rushes in (making inside positive)
- 2 Na<sup>+</sup> channels close. K<sup>+</sup> channels open
  - K<sup>+</sup> rushes out (making it negative)
- 3 K<sup>+</sup> channels close. Na<sup>+</sup> / K<sup>+</sup> pumps resegment ions.

c.f., Fig. 48.10

# Cell Communication



### Synaptic Transmission: release of signal molecule

- Action potentials conducted down axon to terminus.
- Voltage-Gated  $Ca^{2+}$  channels open.
  - $Ca^{2+}$  rapidly enters terminus
    - (down concentration and charge gradient).
  - $Ca^{2+}$  acts as cofactor for enzymes to trigger rapid fusion of synaptic vesicles  $\rightarrow$  exocytosis of neurotransmitter (NT) into synaptic cleft.
- NT release is rapid because many vesicles form fusion-complexes at "docking sites."

### Synaptic Transmission: Reception

- Released NTs (signal molecules) diffuse across synaptic cleft.
- NT (ligand) binds to specific **receptor-ion channels** in postsynaptic cell membrane.
- Ligand-gated ion channels open.
  - If  $Na^+$  gates  $\rightarrow$  **depolarization**  $\rightarrow$  **stimulation**.
  - If  $K^+$  or  $Cl^-$  gates  $\rightarrow$  **hyperpolarization**  $\rightarrow$  **inhibition**.
- Neurotransmitter inactivated to end transmission.

### Synaptic Transmission: release & reception

- NT receptors open **ion channels**, allowing in  $Na^+$ 
  - this initiates a response in the target cell
- NTs are broken down & recycled by enzymes.

Fig. 48.16

### Neurotransmitters

- Different types used by different neurons.
  - dopamine, serotonin, endorphins, even NO
- They can excite or inhibit transmission.
- Chemicals (e.g., LSD, insecticides, opiates)
  - mimic neurotransmitters
  - block neurotransmitters
  - block receptor sites
  - block breakdown enzymes